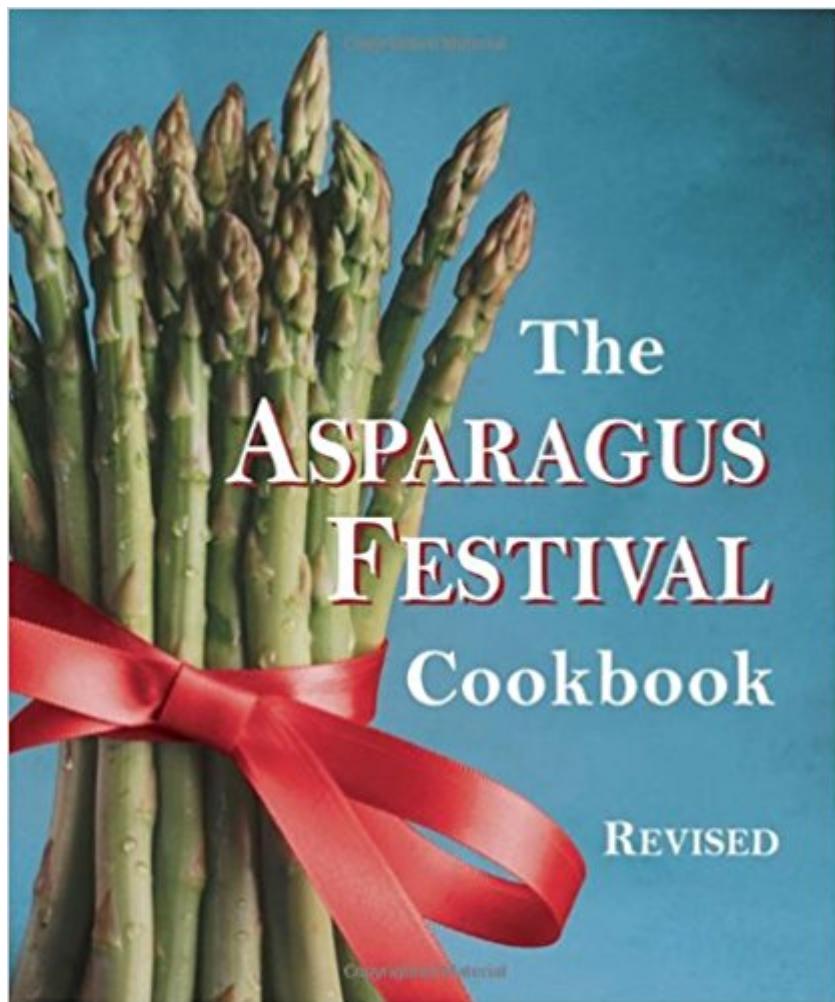


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The Asparagus Festival Cookbook



Synopsis

This cookbook—inspired by the Asparagus Festival in Stockton, California—packs new prize-winning recipes plus past festival favorites into this scrumptiously inventive pocket-sized collection. Casual fans are destined to become ardent aficionados of this vitamin-rich, mineral-packed, high-fiber, low-sodium, distinctly flavorful, and amazingly versatile vegetable.

Book Information

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Customer Reviews

Jan Moore is a member of the Stockton Asparagus Festival Cookbook Committee in California and a coauthor of The Asparagus Festival Cookbook. Barbara Hafly is a member of the Stockton Asparagus Festival Cookbook Committee in California and a coauthor of The Asparagus Festival Cookbook. Glenda Hushaw is a member of the Stockton Asparagus Festival Cookbook Committee in California and a coauthor of The Asparagus Festival Cookbook.

If you have only boiled or steamed asparagus, this tiny 95-page pamphlet (5" X 6") is loaded with asparagus surprises. First, p. 18 -- I had to make a double batch of these Asparazingers, and then had to make them again the following week for the crowd! Asparazingers are miniature asparagus (crustless) quiches loaded with bacon, cheese, chiles, and asparagus flavors. Wow! Second, the Stockton Asparagus Festival Bisque (p. 38) sells out every year at the Asparagus Festival, and for good reason: it is asparagus soup as comfort food, loaded with intense buttery asparagus flavor. For Sunday supper, vegetarian Asparagus Lasagna (p.66) is elegant, rich, and perfect for your vegetarians. Loaded with cottage (or ricotta), Parmesan, and Monterey Jack, onions, mushrooms,

and cups of asparagus, even the smell fresh out of the oven is heavenly. Other crowd pleasers are the Asparagus Corn Relish (served on a ham or pork sandwich -- holy cow!) on p. 82; Asparagus Rice Casserole, p. 57, which is a creamy one-dish risotto without the constant stirring -- so easy and so tasty as a side or even a vegetarian supper ready in 25 minutes with prep! And here is the biggest surprise of all: Aspara-Chocolate Chip Surprise Cookies, p. 77. I know, I know, I was skeptical too, but the grated asparagus is key to these golden brown gems, giving them a chewy, melt in your mouth texture and rich undertone to the dough's flavor that actually enhances the chocolate flavors. Don't tell people about the asparagus; let that be a surprise! There is also a Low-Fat Asparagus Muffin (my very first low-fat muffin that actually tasted fantastic), and a peppery Asparagus Jalapeno Dip for those who like heat! Old favorites are here too: Asparagus Ham Roll-ups, Roasted Asparagus on the BBQ, Asparagus Salad. But the winners here are the recipes that you would never think of in a million years (i.e. Asparagus Sherry Cake, Asparagus Enchiladas, and Asparagus Margaritas!)

This cute little book is sure to please anyone who wants to explore what can be done with asparagus. What I like especially is that the recipes are easy, and most have only about 6 ingredients, but they taste as if you've gone to a lot of trouble. They are healthy and imaginative too. Who would have thought that one could make asparagus squares or asparagus sherry cake, or asparagus guacamole? There are soups, wraps, dips, and main courses among the recipes, and much more. I've tried several of the recipes and liked every one of them so far. I also bought another copy and gave it to a friend who grows asparagus; it was also much appreciated. It's a great little book for the price. Just don't expect photographs (there are none), but the writing and the ideas are first-rate!

I like the recipes and they are special, but none are too complex to fix as with some recipes I've tried. It also gives some very basic information which is always helpful as a reminder or for beginners a help.

When I first saw the book I was disappointed with the size, it is very small and paper. Once inside the most amazing recipes appeared so it was worth the expense and went well with the steamer that I bought as a gift.

Book arrived in excellent condition!! Perfect tagalong with the gift I chose for my friend. This makes

a great gift with the Norpro Asparagus Stainless Steel Cooker/Steamer.

Love this cookbook

I bought this for an Italian basket to go along with the steamer I put in the basket !Looked great

GOT LOTS OF GREAT RECIPES AND COOL IDEAS TO WORK WITH ..

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